

# NYC EXPAT TRANSITION LEX

PROGRAM TIMES & SPEAKER DETAILS | DAY 1

## 9:00 am: ORIENTATION BREAKFAST & CULTURAL INTRODUCTION

- **Location:** Tenement Museum, Lower East Side, Manhattan, NY
- **Description:** Begin your day with a light breakfast and an immersive tour of the Tenement Museum, which showcases the history of immigrant families in NYC. This sets the tone for understanding the rich cultural fabric of the city.  
[#CulturalIntroduction](#) [#History](#) [#ImmigrantStories](#)

## 10:30 am: NAVIGATING THE NYC HOUSING MARKET

- **Location:** Corcoran Group, Financial District, Manhattan, NY
- **Description:** Receive an in-depth presentation on NYC's housing market from experts at Corcoran Group, including insights on different neighborhoods, rental processes, and home-buying tips. [#HousingMarket](#) [#Relocation](#) [#NYCLiving](#)

## 12:00 pm: LUNCH WITH FRENCH EXPATS @CHELSEA MARKET

- **Location:** Chelsea, Manhattan, NY
- **Description:** Enjoy a diverse culinary experience at Chelsea Market while networking with French expatriates already living in NYC. [#Networking](#) [#ExpatsCommunity](#) [#ChelseaMarket](#) [#NYCFoodScene](#)

## 2:00 pm: EDUCATIONAL OPTIONS IN NYC

- **Location:** School Choice International, Midtown Manhattan, NY
- **Description:** Experts from School Choice International present various educational options, including French and international schools, and provide an overview of the American school system to help families make informed decisions. [#Education](#) [#SchoolSystem](#) [#FamilySupport](#) [#SchoolChoice](#)

## 3:30 pm: NAVIGATING THE US HEALTHCARE SYSTEM

- **Location:** Cigna Global Expat Services, Midtown Manhattan, NY
- **Description:** Representatives from Cigna Global will provide an in-depth session on understanding the US healthcare system, including finding doctors, health insurance options, and emergency services. [#Healthcare](#) [#FamilyWellness](#) [#MedicalSupport](#)

## 6:30 pm: DINNER @THE ALCHEMIST'S KITCHEN

- **Location:** The Alchemist's Kitchen, East Village, Manhattan, NY
- **Description:** End the day with a unique dining experience at The Alchemist's Kitchen, which offers a blend of healthy, locally-sourced food and herbal elixirs. Enjoy a relaxed atmosphere that highlights the wellness culture in NYC. [#UniqueDining](#) [#NYCExperience](#) [#Wellness](#)